



Attention Parents/Guardians

Flu Season

DON'T SEND YOUR CHILDREN TO SCHOOL WHEN THEY ARE SICK!

A child who is sick will not be able to perform well in school and is likely to spread the illness to other children and staff. We suggest making a plan for childcare ahead of time to prepare for a comforting place if your child is ill.

DO NOT SEND YOUR CHILD TO SCHOOL IF HE OR SHE HAS:

- ☼ Fever in the past 24 hours
- ☼ Vomiting in the past 24 hours
- ☼ Diarrhea in the past 24 hours
- ☼ Chills
- ☼ Sore throat
- ☼ Strep Throat — the child must have been taking an antibiotic for at least 24 hours before returning to school
- ☼ Earache
- ☼ Persistent Headache
- ☼ Bad cold, with a very runny nose or bad cough, especially if it has kept the child awake at night
- ☼ Drainage from eyes with crusting on eyelids

If your child becomes ill at school and the school nurse feels the child is too sick to benefit from school or is contagious to other children and staff, you will be called to come and take the child home from school. It is essential that your child's school has up to date phone numbers where you can be contacted during the day and emergency numbers in the event you cannot be reached. Please be sure that arrangements can be made to transport your child home from school and that childcare is available in case of illness. If your daytime or emergency phone number changes during the year, please immediately notify your child's school.

If your child is absent for 3 or more days, medical justification is required for return to school. Please call your child's school Health Office if you have any questions or concerns or call the Student Health and Wellness Department at 376-8226.